

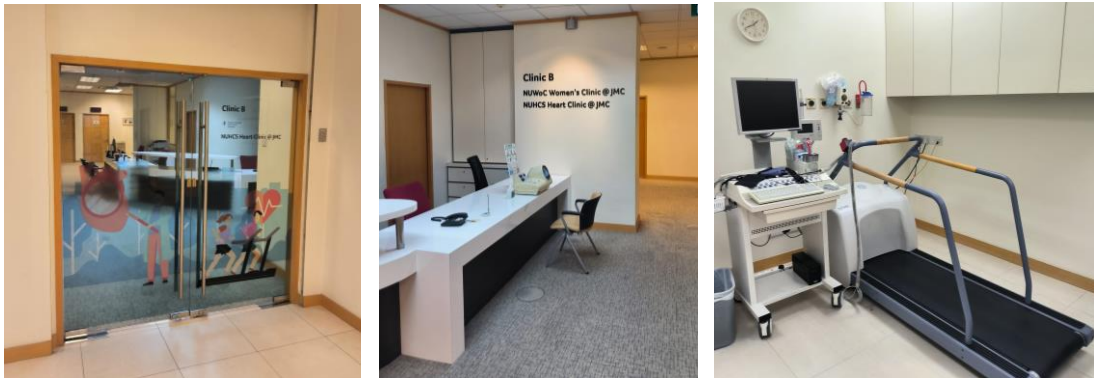
## MEDIA RELEASE

**11 November 2023**

For Immediate Publication

### **NUHCS BRINGS HEART HEALTH TO THE COMMUNITY WITH OPENING OF HEART CLINIC @ JURONG MEDICAL CENTRE**

*Residents in the western region of Singapore will now have greater convenience in accessing a comprehensive suite of specialised cardiovascular services*



*The NUHCS Heart Clinic @ JMC offers easier access to a heart clinic for patients referred in by their primary care physicians. (Photos: National University Heart Centre, Singapore)*

SINGAPORE — Echocardiograms, treadmill stress tests, general cardiology clinics. These are some of the specialised heart health services that will now be more easily accessible to residents within the western region of Singapore with the opening of the National University Heart Centre, Singapore (NUHCS) Heart Clinic @ Jurong Medical Centre (JMC).

NUHCS was established in 2008 and is an academic, national specialist centre under the National University Health System (NUHS). It brings together the academic health system's resources, expertise and capabilities in the areas of cardiology as well as cardiothoracic and vascular surgery, with the aim of meeting the needs of a growing number of patients with heart disease in Singapore.

The opening of the NUHCS Heart Clinic @ JMC takes this goal deeper into the community. Primary care doctors in the west can now refer their patients to the clinic for specialised heart health services, serving as a crucial link in reducing appointment wait time through greater accessibility for patients, thereby providing localised healthcare that impacts community lives directly.

The heart clinic's services are supported by a comprehensive allied health team including doctors and cardiac technologists. These services include:

- **Specialist outpatient clinics:** General cardiology clinics that receive referrals from general practitioners (GPs) and polyclinics for follow-ups and subsequent reviews, including prescription of medication, ordering of tests and treatment plans for shared management of patients.
- **Ambulatory investigations:** Cardiac investigations, including transthoracic echocardiogram (TTE) (used to check the structure of the heart and nearby blood vessels), 7-day holter monitoring (used to detect or determine the risk of irregular heartbeats known as arrhythmias), 24-hour ambulatory blood pressure (ABP) (used to measure blood pressure at regular intervals, even as one sleeps) and treadmill stress electrocardiography test (used to measure the heart's ability to respond to and handle stress).
- **Health coaching:** Holistic approach in addressing existing issues and encouraging proactive prevention of new illnesses and promoting lifestyle medicine approaches.

The official launch of the new heart clinic will be graced by Guest of Honour Mr Patrick Tay, Member of Parliament, Pioneer Single Member Constituency, on 11 November 2023.

"I am delighted that we are officially launching the NUHCS Heart Clinic @ JMC whereby specialist cardiac services are now brought closer into the Pioneer community, and closer to residents living in Jurong West. This is especially beneficial for patients or residents who are undergoing treatment for chronic diseases, which require long-term follow-up with their cardiologist. This is another forward step to drive Healthier SG in our Pioneer community," said Mr Tay.

Associate Professor James Yip, Executive Director of NUHCS, said: "We believe that improving heart health in the community is key to reducing the burden of cardiovascular disease in our country. It involves fostering stronger ties with our community partners to strengthen preventive health and to provide patients the highest quality cardiovascular care. With the opening of NUHCS @ JMC, we hope to facilitate earlier referrals to a heart specialist and offer direct assistance for advanced cardiac tests when necessary."

## Chinese Glossary

National University Health System (NUHS)	国立大学医学组织 (国大医学组织)
National University Heart Centre, Singapore (NUHCS)	新加坡国立大学心脏中心 (国大心脏中心)
NUHCS Heart Clinic @ Jurong Medical Centre (JMC)	国大心脏中心 心脏诊所 @ 裕廊医疗中心
Associate Professor James Yip Executive Director and Senior Consultant National University Heart Centre, Singapore (NUHCS)	叶伟麟副教授 总主任兼高级顾问医生 国大心脏中心

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**About the National University Heart Centre, Singapore (NUHCS)**

The National University Heart Centre, Singapore (NUHCS) is an academic, national specialist centre under the National University Health System (NUHS). NUHCS brings together the resources, expertise and capabilities in the areas of Cardiology, Cardiothoracic and Vascular Surgery to better meet the needs of the growing number of patients with heart disease and raise the future generation of medical professionals.

As one of two national heart centres in Singapore for the treatment and management of complex cardiovascular diseases, NUHCS offers six core clinical programmes including Heart Failure & Cardiomyopathy, Structural Heart Disease, Acute Coronary Syndrome, Heart Rhythm, Congenital & Structural Heart Disease and Women's Heart Health. The centre has been awarded two institutional Peaks of Excellence for its Minimally-invasive Cardiothoracic Surgery and Aortic Centre Programme, and has been ranked top in Singapore for three consecutive years in 2022, 2023 and 2024 for the specialty of Cardiac Surgery in Newsweek's "World's Best Hospital" Award.

Comprising a team of internationally-recognised cardiologists and surgeons from the cardiothoracic and vascular specialties, NUHCS serves as a referral national centre for cardiothoracic and vascular conditions and provides a comprehensive approach to the treatment of these patients. The holistic patient-care approach is backed by leading translational research at the Cardiovascular Research Institute (CVRI) and Cardiovascular Metabolic Translational Program, all of which complements these advanced quaternary clinical services to deliver state-of-the-art treatment solutions to the most challenging heart, lung and circulatory diseases.

NUHCS services span across four locations to serve the western and central locations in Singapore:

- NUHCS at National University Hospital (NUH), Kent Ridge - Main Operations
- NUHCS Heart Clinic @ Ng Teng Fong General Hospital (NTFGH)
- NUHCS Heart Clinic @ Jurong Medical Centre (JMC)
- NUHCS Heart Clinic & NUHCS Vein Clinic @ Alexandra Hospital (AH)

For more information, visit: <https://www.nuhcs.com.sg>.