



Donor Report (February 2018 - January 2019)

The Heart Fund is a sub-fund of NUHS Fund Limited, for the purpose of assisting heart patients in need of financial aid and supporting continuous medical research and education programmes in the field of cardiovascular diseases.

NUHS Fund Limited is a Company Limited by Guarantee (CLG) and a registered charity with IPC status. The charity was set up to promote medical research and development as well as provide health related services for the benefit of the Singapore Community. A key objective is to address unmet gaps not covered by existing government and community assistance schemes and to assist patients who are determined to be in need of financial assistance with the costs of medical treatments, including the costs of the recovery process.

NUHS Development Office & The Heart Fund | 18 February 2019

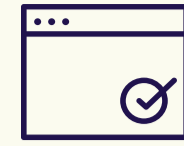
NUHS
National University
Health System

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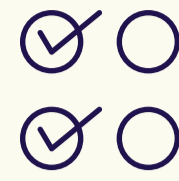
OVER THE PAST 12 MONTHS



41 PATIENTS
were assisted



58 applications approved



12 patients had more than one application approved

Majority of the charts in this report are based on application data

BY CITIZENSHIP

For Singaporeans who have access to Medifund, support is provided for areas excluded by Medifund.

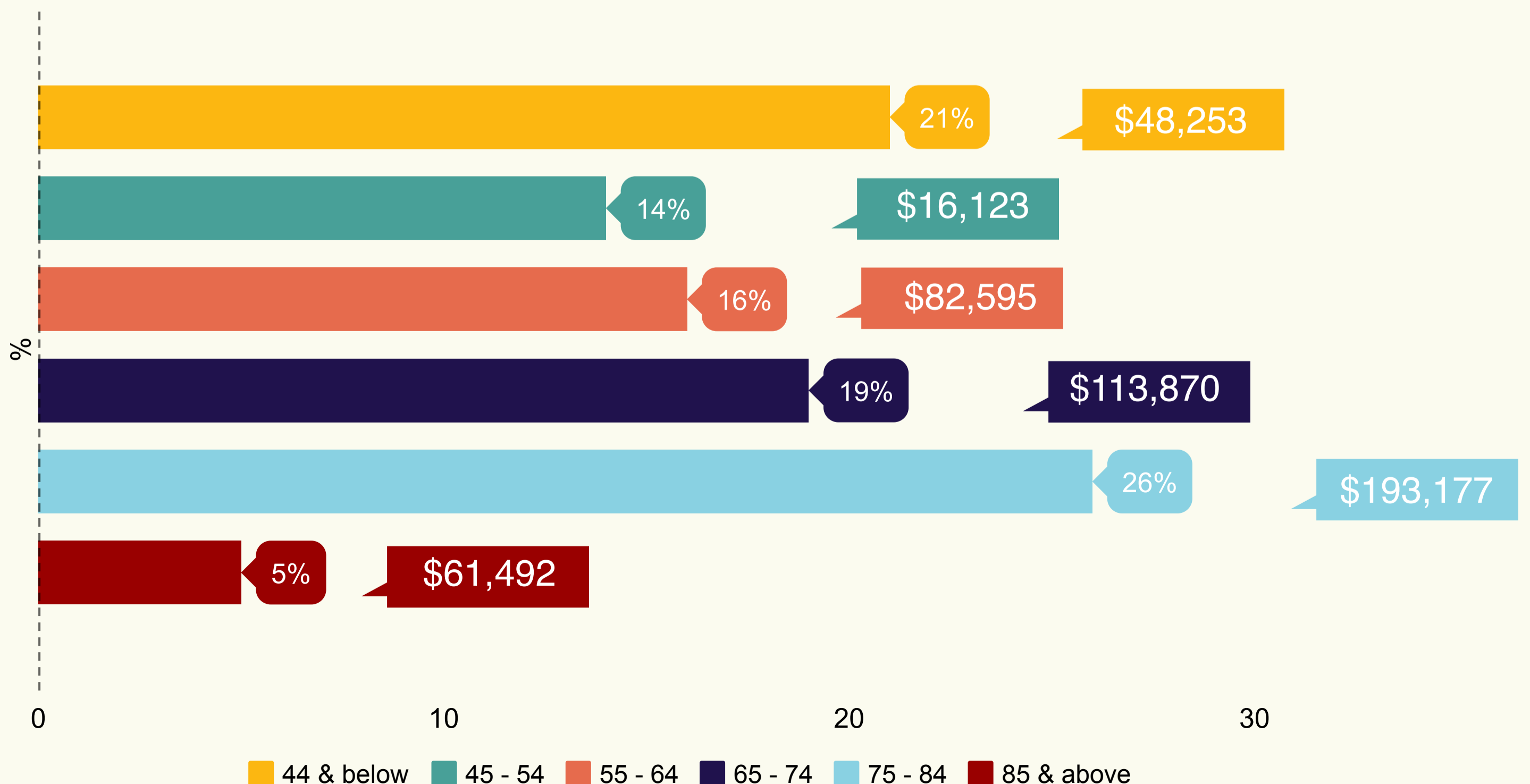


■ Singapore Citizen (79.21%) ■ Permanent Resident (17.82%) ■ Resident Foreigner (2.97%)

Resident Foreigners have spent a "reasonable" time in Singapore (working, schooling or supporting family who are Permanent Residents).

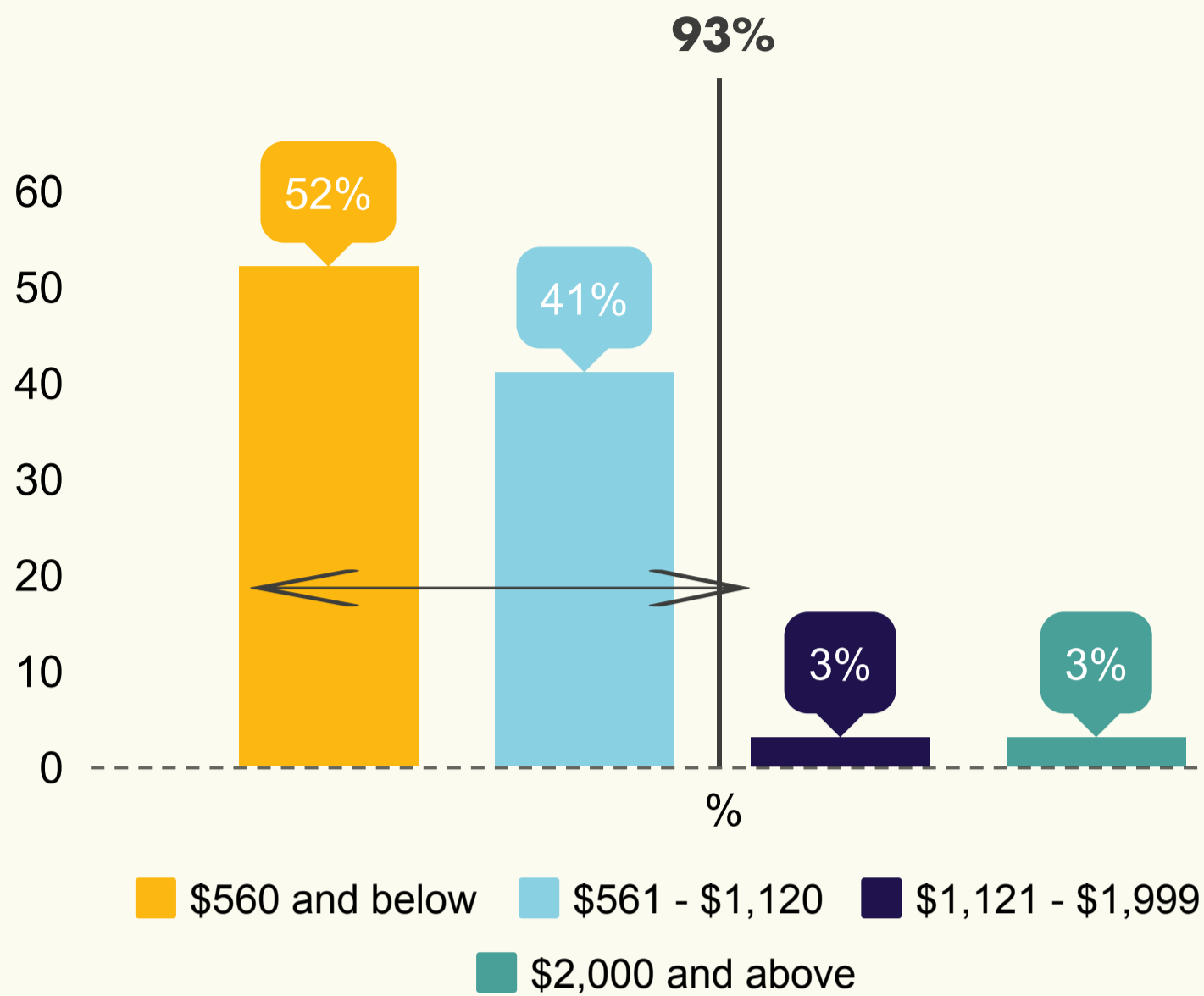
BY AGE GROUP

The elderly comprises of the largest segment (by dollar amount) supported by the Fund, reflecting our aging population and increasing costs of healthcare.



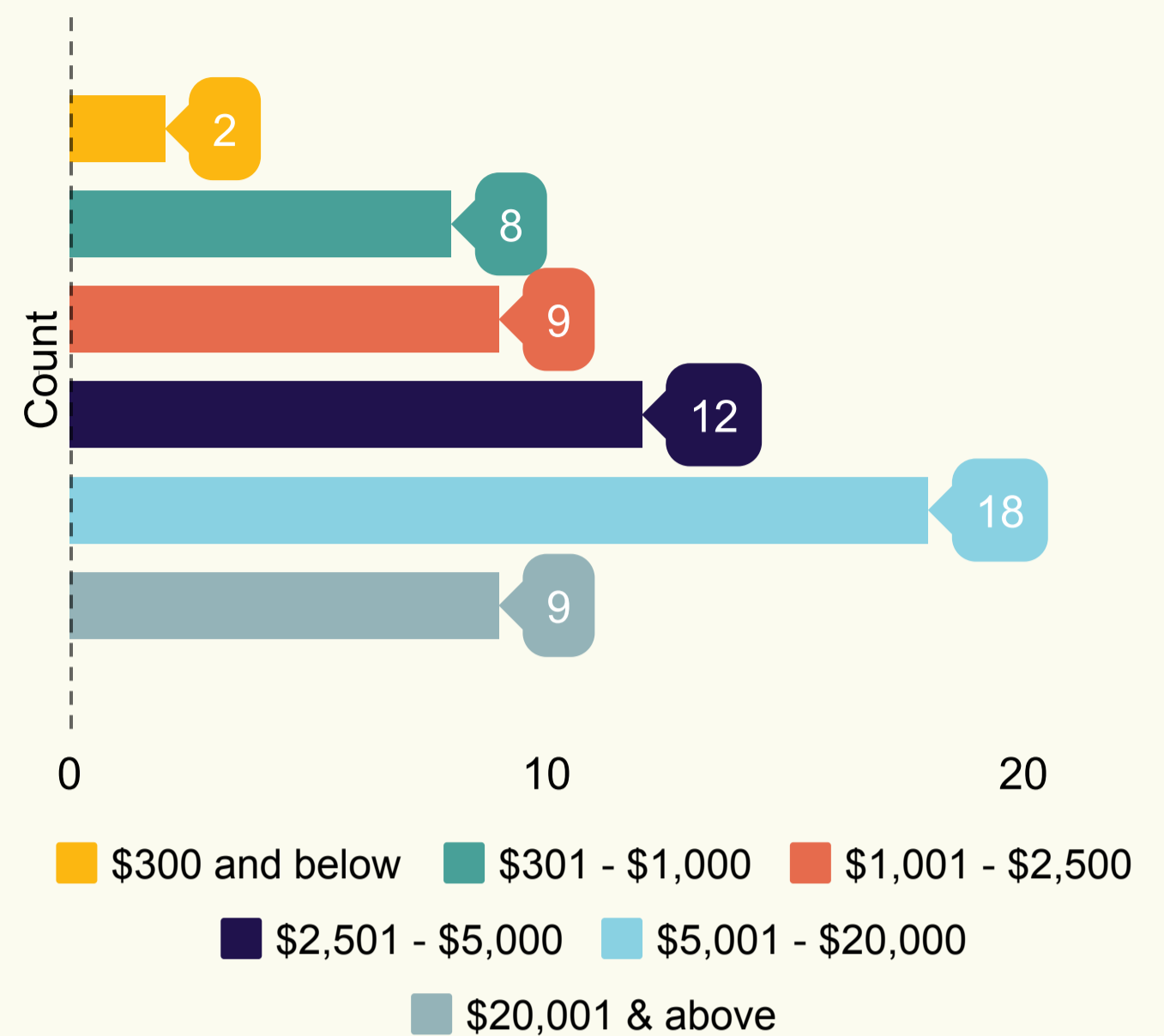
BY PER CAPITA INCOME

93% of our applications belong to the lowest 30% of our community by Household Income (Department of Statistics), Year 2013.



BY FUNDING AMOUNT

Funding support provided is crucial to our beneficiaries as their medical expenses exceed their Per Capita Income.



Financial Assessment is performed by Medical Social Worker based on Medifund criteria.

GIVE YOUR HEART A BOOST

LEARN HOW TO PREVENT HEART ATTACKS AND SUPPORT PATIENTS

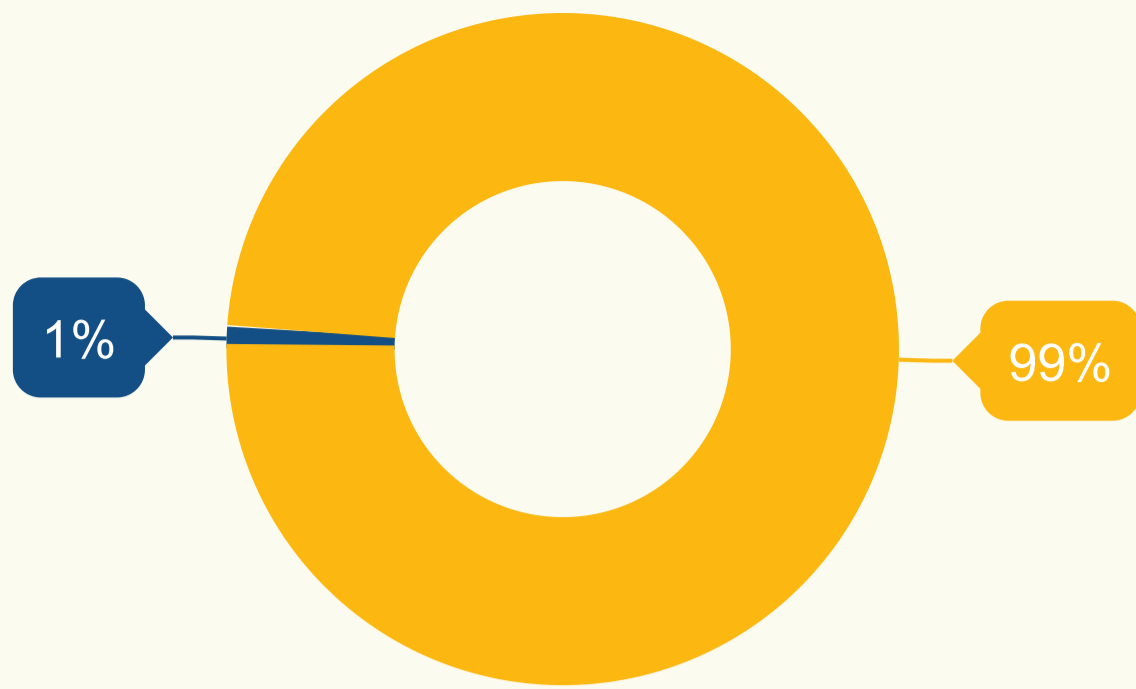
Professor Tan Huay Cheem, Director, NUHCS, led the fundraising efforts for The Heart Fund by championing book sales for his self-funded and authored book <<临床心得2>>. This book is a continuation of his previously sold-out first issue <<临床心得>>. All proceeds from the book sales will go towards supporting patients in need of financial aid for The Heart Fund.

Over a series of sales conducted at the Heart Pharmacy @ Heart Clinic, book signing sessions over invited talks, as well as our recently concluded signature "The HEART Truth" Mandarin Symposium 2018, Professor Tan Huay Cheem has raised \$5,435 from his book sales in 2018.



Hop over to NUH Heart Pharmacy @ Heart Clinic to grab your copy AND support Heart patients now!

YOUR GIFT HAS GONE TOWARDS



■ Medical Education / Research (1%) ■ Needy Patients (99%)

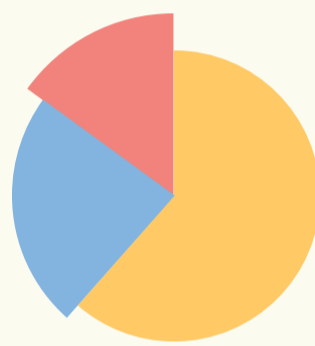
♥ Financial assistance when other avenues of financial support are not available or insufficient for costly procedures and long term medical treatment.

♥ Better patient care due to continuous research and upgrading of skills by our Heart Centre professionals.

SINGAPORE HEART FACTS



1 OUT OF 3
deaths is caused by heart diseases or stroke



Cardiovascular disease accounted for **29.5%** of all deaths in 2016

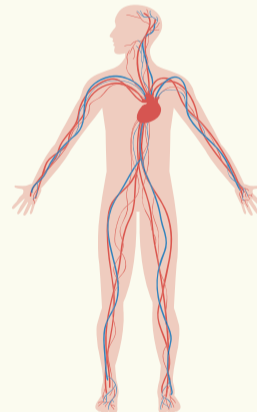


16 PEOPLE
die from cardiovascular disease (heart disease and stroke)

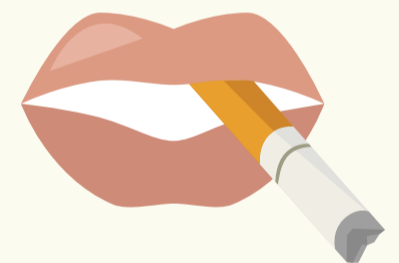
DIABETES AND THE HEART



Diabetic patients are **2 to 4 TIMES** more likely to suffer a heart attack than those without



High blood glucose in people with diabetes builds up fatty deposits that affects blood flow in vessels, causing heart diseases



Smoking **DOUBLES THE RISK** of heart disease in people with diabetes

MAINTAIN A HEALTHY HEART!



Exercising lowers blood pressure and reduces strain on the heart. It increases levels of good cholesterol to help transport fats away from the heart arteries.



Have 2 portions of fruits and 2 portions of vegetables daily



Have regular health screening